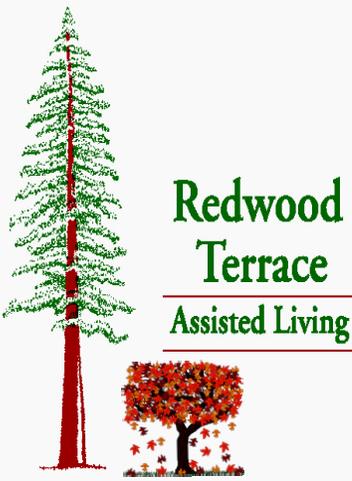


Redwood Terrace News

October 2018



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We Captured the Moments!

Following the theme of Assisted Living Week, we "captured the moment" by celebrating Violet's 101st birthday, reminisced to the music sung by Julie Rose, and displayed and toured photo pages that showed us a little about each others lives.



Executive Director

Jim Thompson

Assistant Director

Marlys Wood

Registered Nurse

Sheryl Aldstadt

Resident Care Coordinator

Ella Staker

Kitchen Manager

Nina Harmon

Community Relations Director

Frankie Craig

Activity Coordinator

Cheryl McCoy



Welcome to

Frank Phleger, Berniece Row, Megan Robinson, and Jewel Dino!



There are lots of new people to get acquainted with this month!

- Frank has an interesting background. He worked for the California Angels, and the Oakland A's Southern Oregon A's.
- Berniece got her early start on a dairy farm in Missouri, and then moved to Grants Pass in her high school years. She takes an interest in everything around her.
- Megan has a lovely accent that comes from her home country of England. She loved to jitterbug when she was younger.
- Jewel was a neighbor and friend of Megan's in Grants Pass, and they are still neighbors and friends. In younger days she loved to waltz.



October's Mystery Resident



Our mystery resident this month is a free spirit, which makes for a very interesting life! The second of five children, our heroine grew up on the beach in Santa Barbara, riding her horse, peering into tide pools, and following any interest that occurred to her as she enjoyed being in nature. In her youngest adult years she rode motorcycles as well as horses! Her father figured prominently in her life from the start, supporting her in any direction her creative mind took her. She took a full load of classes at Visalia College, where she maintained a 4.0 grade average. Her favorite parts

of life are always full of horses, dogs, and nature, and that has extended to love of a cat, more recently.

This lady of mystery has two intelligent, skilled, beautiful, and accomplished daughters, who no doubt feel her support as well. Her grandchildren and great grandchildren also follow this pattern. Our mystery person has had a wide variety of occupations, including horse trainer, published author of two novels, mule packer, and personal chef.

At a young age Ms. Mystery married the CEO of Fairchild Aircraft, and was able to travel extensively. Her second marriage took her to another lifestyle that she loved. She married a quiet Kansas cowboy, and was led back to interactions with horses. At that point she began caring for and training horses for a living. One of her special accomplishments was picking out an exceptional prize winning "model" quarter horse. She was involved in part of the training for this horse, as well.

Early on, our lady of mystery worked as a cook at the Bar 7 Ranch in the sierras . There they had 150 head of mules and horses, and she also learned how to pack a mule. Much later she worked as a personal chef for two families. Is there anything this woman can't do? She does plenty for us at Redwood Terrace, too. If you don't figure out who she is before then, you will learn her identity in the next newsletter.



Salmon Watch

This is the month we walk or roll down the pedestrian bridge to watch the salmon spawning. It's hard to find the perfect time, but we will give it a try again this year. It's beautiful to see the Rogue from the bridge, so, salmon or not, we enjoy ourselves. Watch for this special trip!